#### 2022 INSA Conference

Parallel Session 1: How Different Countries Record, Report, and Use School Attendance Data: What Needs to Change, and What Needs to Stay the Same? Part 1



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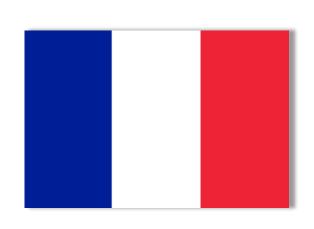
## School attendance problems in France: Contemporary challenges and findings

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#### Context: School in France

- Free Public Education
- Irreversible turning points in school career
- National, top-down decisions
- Cultural distance between school and families
- Lack of ressources
- Lack of training in pedagogy and psychology



In 2021, 87% of French children benefited from free elementary school and 79% benefited from free middle or high school. Reference: Ministère de l'Education Nationale et de la Jeunesse. Repères et références statistiques 2021. Ministère de l'Education Nationale et de la Jeunesse. 2021. Retrieved September 28, 2022, from <a href="https://www.education.gouv.fr/reperes-et-references-statistiques-2021-308228">https://www.education.gouv.fr/reperes-et-references-statistiques-2021-308228</a>



#### School attendance problems

- School medical doctors, school psychologists: depletion
- No data collection on SAPs
- Siloed perceptions on school refusal
- Lack of initiative in contacting families (phone, email)



#### French Parental Support Group



Odile Mandagaran: phobiescolaire@outlook.com



#### French National Survey (1)

- 1970 parents
- 5 clusters: distinctive outcomes
- Bullying
- Intensive follow-up associated with better outcomes



✓ Benoit L., Chan Sock Peng E., Flouriot J., Digiovanni M., Nadin P., Rouquette A., Martin A., Falissard B. Trajectories of school refusal: sequence analysis using retrospective parent reports, *European Child and Adolescent Psychiatry* (Revision 2).



#### French National Survey (2)

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- Somatic Symptoms: high PTSD, high medication, unchanged psychotherapy
- Internet Gaming Disorders:

- ✓ Li A. et al. (2022, Sep). Somatic symptoms in school refusal: a mixed-methods study among children, adolescents, and their parents. Psychosomatic Medicine (Submitted)
- ✓ Li, A.et al. (2021). A systematic review of somatic symptoms in school refusal. *Psychosomatic Medicine*, 83(7), 715-723.
- ✓ Boussand E. et al. (2022, Oct) School Refusal and Internet Gaming Disorder: A mixed-methods study. European Child and Adolescent Psychiatry (Submitted)
- ✓ Boussand, E. et al. (2021). Refus scolaire anxieux et addiction aux jeux vidéo chez les adolescents: Une revue narrative de la littérature. Neuropsychiatrie de l'Enfance et de l'Adolescence.



#### Climate change education: a promise

www.insa.network

- No «pointless curriculum »
- Sense of purpose
- Where would you like to reduce your carbon footprint?
  - 1. At home
  - 2. At my school
- Impact of collective action
- Feeling of belonging
- ✓ Benoit L., Thomas I., & Martin A. (2022). Ecological awareness, anxiety, and actions among youth and their parents—a qualitative study of newspaper narratives. Child and Adolescent Mental Health, 27(1), 47-58.
- ✓ Thomas I., et al. (2022, Sep). Supporting youths' apprehensions about climate change: a binational qualitative study of a generation's ecological burden and resilience. Child and Adolescent Psychiatry and Mental Health. Submitted.
- ✓ Tseng Chou D., Abelama Neto E., Thomas I., Martin A., Benoit L. (2022, Sep). Climate awareness, anxiety, and actions among youth: a qualitative study in a middle-income country. Brazilian Journal of Psychiatry. Submitted.



#### Training educators

• Emotional development of children & adolescents (Benoit L.), since 2017

# Le choix de l'école

https://www.lechoixdelecole.org/

French version of Teach for America



## Training educators

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• SAPs in underrepresented minorities (Benoit L.) since 2018.







**2022 INSA Conference** 

Parallel Session 12 Tomorrow, 4 P.M.



#### Training educators

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 Training on Anxious School Refusal for schools designed and led by parent volunteers

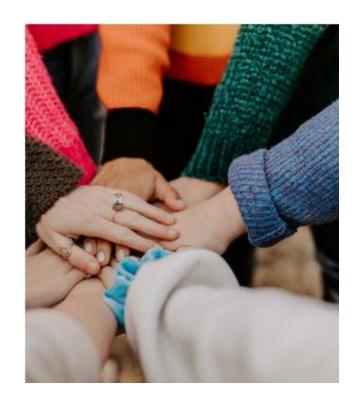








## Multifamily Therapy





Maison de Solenn, ParisDr. Aurelie Harf, MD, <u>aurelie.harf@aphp.fr</u>

Roué A., Harf A., Benoit L., Sibeoni J., & Moro M.R. (2021). Multifamily Therapy for Adolescents with School Refusal: A Qualitative study of Perspectives of the Adolescents and their Parents. Frontiers in Psychiatry, 12(770), 10.3389/fpsyt.2021.6.





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Where discovery inspires care

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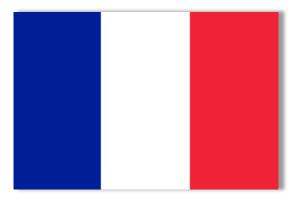
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# Merci! A bientôt!



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